

Advancing Arthritis Public Health Priorities through National Organizations TA/Peer Sharing Webinar Series

September 6, 2022 @ 2:00 p.m. ET

Partnering with Healthcare Providers to Advance Arthritis Efforts: Examples, Tools, and Resources from the Field

Webinar Notes and Resources

- Materials available on the Action on Arthritis website: <https://actiononarthritis.chronicdisease.org/monthly-webinars/>
- Meeting Recording: <https://vimeo.com/747024536>

Presenters

- **Jennifer Raymond, AgeSpan**
 - Connection between arthritis and falls
 - jraymond@agespan.org
- **Katie Huffman, Osteoarthritis Action Alliance**
 - OACare Tools
 - Katie_Huffman@med.unc.edu
- **Shalu Garcha, National Association of Chronic Disease Directors**
 - Advancing Arthritis Public Health Priorities Through National Organizations: Component 2
 - sgarcha@chronicdisease.org
- **Adam Burch, New Hampshire Department of Health and Human Services**
 - Arthritis Council Strategy 2 Workgroup
 - adam.s.burch@dhhs.nh.gov

Participants

- 37 total participants (including presenters)
 - 13 states (IL, KS, MA, MO, MT, NH, NY, RI, TX, UT, VA, WA, WV)
 - 5 national partners (NACDD, NRPA, OAAA, CDC, ACL)

Resources

Connections between arthritis and falls:

- <https://www.arthritis.org/health-wellness/healthy-living/managing-pain/joint-protection/osteoarthritis-and-falls#:~:text=Research%20has%20linked%20joint%20pain,percent%20more%20likely%20to%20fall.>
- NCOA Tools: <https://www.ncoa.org/article/get-ready-for-falls-prevention-awareness-week-2022>
- Falls Free Checkup: <https://www.ncoa.org/age-well-planner/assessment/falls-free-checkup>
- NCOA Promotion Toolkit: <https://www.ncoa.org/article/falls-prevention-awareness-week-toolkit>

OACare Tools:

- OACareTools Overview Infographic: www.oacaretools.org
- OA Learning Modules: <https://oaaction.unc.edu/resource-library/modules/>
- Recommendations for how to use these resources (State Arthritis Programs): Media Kit link- <https://www.dropbox.com/sh/he0dzp44rv23nz6/AABLamZgwBITDjXr289Vk5Y1a?dl=0>
- Link to a Lunch N Learn focused on OACare Tools: <https://oaaction.unc.edu/webinar/oacare-tools-engaging-primary-care-providers-in-osteoarthritis-prevention-and-management-february-19-2020/>
- The Functional Assessments PPT in OACareTools describes many of the screening tools (e.g., PROMIS, KOOS, HOOS) and gives links, costs, purposes, etc. <https://oaaction.unc.edu/wp-content/uploads/sites/623/2022/01/21.-PPT-Functional-Assessments-in-Osteoarthritis-Care-v6.pdf>
- OACare Tools provider tools including infographic on interpreting 2019 ACR Guidelines, video on analgesics recommendations, Exercise Rx, speaker guide and presentation): <https://oaaction.unc.edu/oacaretools/oacaretools-healthcare-providers/>
- OACare Tools Fact Sheet: https://oaaction.unc.edu/wp-content/uploads/sites/623/2022/03/OAAA_19_Toolkit-Overview-Trifold_WEB.pdf

Component 2 Project:

- Comorbidities: https://www.cdc.gov/arthritis/data_statistics/comorbidities.htm
- Promise Form: https://www.healthmeasures.net/index.php?option=com_instruments&view=measure&id=794&Itemid=992
- Exercise is Medicine Healthcare Providers Action Guide: <https://www.exerciseismedicine.org/wp-content/uploads/2021/02/EIM-Health-Care-Providers-Action-Guide-clickable-links.pdf>
- Creating Opportunities for Arthritis Control at Home: USBJI <https://vimeo.com/515795158>
- Exercise is Medicine Prescription Form: https://exerciseismedicine.org/assets/page_documents/EIM%20Prescription%202018%20e-form.pdf

Strategy 2 Workgroup Call Notes:

- <https://actiononarthritis.chronicdisease.org/category/strategy-2/>
 - September 2022
 - August 2022
 - June 2022
 - May 2022
 - April 2022

*Calls happen on the 1st Thursday of the month at 2:00 p.m. ET. Please email eerck_ic@chronicdisease.org to be added to the monthly invite.

Discussion:

- Q for Osteoarthritis Action Alliance: Have you considered an audio plus PowerPoint recording of the presentations for provider learning that you could get approved for AMA continuing education credits? That would make it approved for medical doctors in all 50 states.
- Answer: OAAA is going to revisit this opportunity

Audience Engagement:

Which health system(s) have you partnered with on Strategy 2 efforts (and what states is the health system in)? What partners do you work with for Strategy 2 efforts?

- Regional health hubs
- Kaiser (WA and Oregon)
- PTs and OTs – NYS
- FQHC's – NH
- FQHCs, Cooperative Extensions, AAA's, Local Health Departments, Free Clinics – VA
- FQHCs – RI
- Physician Assistant Program – UT

What screening tools do providers use to understand arthritis disease progression (pain, function) and need for physical activity? (Prompts in EHR?)

- Physical Activity Vital Sign
- Patient Health Questionnaire – PHQ-2
- Vital Sign prompt for those diagnosed with OA/RA

Please share your learnings on physical activity counseling for providers (e.g., training, readiness, tools)?

- Patient education materials need to be on hand and easy to give

What referral mechanism do the providers use? (Are referral mechanisms built to the EHR and bidirectional?)

- Computerized order entry in the EMR but it is unidirectional currently
- It is different for different providers and regions. Some regions have referral hubs and others do not.
- Referrals are usually unidirectional and built into EHR

Evaluation

- **Poll Question:** I gained skills related to my organization's ability to partner with social health access referral platforms to enhance arthritis public health efforts
 - 100% Strongly Agree or Agree
- **Poll Question:** Please provide additional information on the specific skills that you gained because of attending today's webinar. (Select all that apply)
 - 70% - Knowledge about tools that can be used for increasing healthcare provider counseling on physical activity and evidence-based lifestyle management program referral
 - 60% - New ideas/ways of thinking about my programs current approach to increase arthritis public health strategies
 - 40% - New partners to engage with to address arthritis
 - 30% - Strategies to sustain arthritis efforts
 - 0% - Other