

Advancing Arthritis Public Health Priorities through National Organizations TA/Peer Sharing Webinar Series

September 02, 2024 @ 2:00 p.m. ET

Falls Prevention and Arthritis Wellbeing – Opportunities to Partner

This webinar includes an overview of falls prevention resources, best practices in falls prevention, a discussion on AAEBIs that are also approved falls prevention programs, and opportunities to collaborate with NCOA, ACL, and other partners. The discussion includes opportunities to engage in peer-to-peer learning and sharing, and networking with colleagues to advance arthritis efforts.

Webinar Notes and Resources

- Materials available on the Action on Arthritis [website](#)
- Meeting [recording](#)
- [Join the conversation](#) around this topic on the Action on Arthritis ENGAGE community

Participants

- 34 total participants
 - 13 states/territories (IA, MA, MI, MN, MT, NC, NH, OH, OK, UT, VA, VT, WV)
 - 7 national organizations (CDC, NACDD, OAAA, SOPHE, Arthritis Foundation, NCOA, ACL)

National Council on Aging Tools and Resources

- [National Falls Prevention Resource Center](#)
- [NCOA Falls Free® Initiative](#)
- [NCOA State Coalitions on Falls Prevention](#)
- Falls Prevention Awareness Week, September 23-27, 2024, [From Awareness to Action, Toolkit](#)
 - Falls Prevention [handouts](#)
 - Falls Prevention Awareness Week Falls [Impact Report](#)
 - [Falls Prevention Awareness Week Survey](#); Please submit by October 31, 2024
- NCOA Arthritis Resources --
 - [Osteoarthritis and Falls](#): Understanding the Connection and Protecting Your Well-Being
 - [How Seniors Can Find Programs that Help with Arthritis](#)
 - [Chronic Conditions and Fall Risk: Cross-Promoting Programs Across the Continuum of Care](#)
 - [Falls Prevention for People Living with Arthritis](#)
 - [Find an Evidence-Based Program \(NCOA\)](#)

Additional Tools and Resources

- [CDC Falls Facts](#)
- Osteoarthritis Action Alliance [1-pager](#) that highlights the AAEBIs that are also on the approved Falls Prevention Programs list
- CDC [Still Going Strong campaign](#) and [STEADI tools](#)
- Expanding Falls Prevention Through Surveillance, Community-Clinical Linkages, and Strategic Planning and Evaluation. [A Guide for State Health Departments. September 2023.](#)
- The American Physical Therapy Association's theme for National Physical Therapy Month (October) will be [Falls Prevention](#). It is promoted to APTA's 100,000 members.
- [ACL Falls Prevention](#) and [briefs and guides](#)
- [Final Recommendation Statement](#) - Falls Prevention in Community-Dwelling Older Adults: Interventions, June 04, 2024.
- Past [NACDD TA webinar](#) focused on Partnering Statewide Arthritis Public Health Strategies with Falls Prevention and Healthy Aging Programs
- [No Falls Minnesota Campaign](#)
- [Iowa Community Hub Falls Coalition](#)

NACDD TA Offerings

- [Workgroup Calls](#) - The [Arthritis Council](#) oversees the formation of topic specific workgroups to provide opportunities for peer-to-peer learning and sharing. Visit the Arthritis Council [webpage](#) for additional information including meeting registration links.
 - Partnerships and Strategies to Sustain and Disseminate AAEBIs (Strategy 1) Workgroup
 - Healthcare Providers Counseling About Physical Activity and Referrals to AAEBIs (Strategy 2) Workgroup
 - Visit the [Engage platform](#) for up-to-date information on workgroups
- [Monthly Arthritis Program Sharing and Networking Webinars](#) – The Arthritis Council provides input on the monthly arthritis program sharing and networking webinars. These webinars provide an opportunity for recipients and partners to share experiences, lessons learned, and best practices, all while networking and leveraging partnerships. Register by visiting the [Action on Arthritis webpage](#).

Audience Engagement and Evaluation

- [Poll Question](#): I gained skills related to my organization's ability to apply a social justice framework to arthritis efforts.
 - 95% Strongly Agree or Agree
- [Poll Question](#): Please provide additional information on the specific skills that you gained because of attending today's webinar. (Select multiple options)
 - 79% - New Ideas/ways of thinking about my programs current approach to increase arthritis public health strategies
 - 63% - Knowledge about tools that can be used to advance our work
 - 58% - New partners to engage with to address arthritis
 - 33% - Strategies to sustain arthritis efforts