

Advancing Arthritis Public Health Priorities through National Organizations TA/Peer Sharing Webinar Series

May 07, 2024 @ 2:00 p.m. ET

Applying a Social Justice Framework to Arthritis Management and Well-being

This webinar includes an engaging discussion on health equity and the NACDD Social Justice Framework, and how arthritis programs can use the Framework to help advance their efforts. The discussion includes an overview of the development of the Framework, an opportunity to engage in peer-to-peer learning and sharing, and networking with colleagues to advance arthritis efforts.

Webinar Notes and Resources

- Materials available on the Action on Arthritis [website](#)
- Meeting [recording](#)

Participants

- 28 total participants
 - 9 states/territories (IA, MI, MN, MT, NH, UT, VA, VT, WV)
 - 4 national organizations (CDC, NACDD, OAAA, SOPHE)

Applying a Social Justice Framework for Arthritis Management

[Robyn Taylor](#) – Vice President Center for Justice in Public Health

- Link to NACDD's [Center for Justice in Public Health](#)
 - The Center for Justice in Public Health embeds equity in practice, process, action, innovation, and organizational performance outcomes; builds alliances that share power; ensures equity in innovation for people and communities that have historically been marginalized and minoritized; works upstream to address the determinants of health; and fosters truth, reconciliation, racial healing, and transformation in state and territorial chronic disease programs
 - The [Social Justice Framework](#) was created by NACDD, in collaboration with partners, to provide public health practitioners with a blueprint for embedding social justice into the work of chronic disease programs.
 - NACDD hosted a General Member [webinar](#) focused on Leveraging the Social Justice Framework to Advance Public Health Practice.
 - The NACDD CVH Team released its newest episode of The Heart of the Matter, titled "[Applying a Social Justice Framework to Cardiovascular Health Promotion and Disease Prevention.](#)"

Racial and Ethnic Differences in Prevalence of Arthritis

- Akilah Wise and other authors published a [paper](#) titled Racial/Ethnic Differences in Prevalence of Arthritis, Severe Joint Pain and Receipt of Provider Counseling about Physical Activity Among Adults Aged 18 plus.
 - Key findings from the research:
 - Severe joint pain is more prevalent among American Indian/Alaska Native (AI/AN, 39%), non-Hispanic Black (36%), and Hispanic (36%) adults with arthritis compared to White (23%) adults with arthritis.
 - More than 40% of adults with arthritis do not receive counseling from their health care providers on the benefits of physical activity for arthritis management.
 - Recommendations:
 - Educate clinicians on the benefits of physical activity for adults with arthritis, highlighting available in-person self-directed and online intervention programs and resources for arthritis management.
 - Address social and environmental barriers that hinder individuals with arthritis from engaging in physical activity.
 - Support evidence-based arthritis management and activity programs, including development of additional culturally relevant programs for AI/AN adults.
- CDC's [Arthritis Awareness Month Toolkit](#) includes tools and resources for addressing racial and ethnic differences in adult arthritis prevalence, severe joint pain, and provide counseling about physical activity.

Additional Resources

- CDC [Social Vulnerability Index](#) The CDC/ATSDR Social Vulnerability Index uses 16 U.S. census variables to help local officials identify communities that may need support before, during, or after disasters.
- The Iowa Community HUB (HUB) is a nonprofit community care hub working with network partners to connect Iowans with meaningful evidence-based programs with a focus on reducing health disparities for priority populations experiencing greater obstacles to health. The HUB is structured around values of community engagement, inclusion, health equity, and capturing diverse lived experience perspectives. The HUB formed a DEI task force to focus on this work. For more information visit their [webpage](#).

NACDD TA Offerings:

- **Workgroup Calls** - The [Arthritis Council](#) oversees the formation of topic specific workgroups to provide opportunities for peer-to-peer learning and sharing.
 - Partnerships and Strategies to Sustain and Disseminate AAEBIs (Strategy 1) Workgroup – Visit the Arthritis Council [webpage](#) for additional information including registration link.
 - Healthcare Providers Counseling About Physical Activity and Referrals to AAEBIs (Strategy 2) Workgroup – visit the Arthritis Council [webpage](#) for additional information including registration link.
- **Monthly Arthritis Program Sharing and Networking Webinars** – The Arthritis Council provides input on the monthly arthritis program sharing and

networking calls. These calls provide an opportunity for recipients and partners to share experiences, lessons learned, and best practices, all while networking and leveraging partnerships. Register by visiting the [Action on Arthritis webpage](#).

- **Open Office Hours** – Join us for an opportunity to listen to the voice of CDC-funded arthritis recipients and to ask questions and engage in conversation. Next [office hours](#) is scheduled for June 27, 2024 at 12 p.m. ET.

Audience Engagement and Evaluation:

- **Poll Question:** I gained skills related to my organization's ability to apply a social justice framework to arthritis efforts.
 - 93% Strongly Agree or Agree
- **Poll Question:** Please provide additional information on the specific skills that you gained because of attending today's webinar. (Select multiple options)
 - 73% - New Ideas/ways of thinking about my programs current approach to increase arthritis public health strategies
 - 53% - Knowledge about tools that can be used to advance our work
 - 40% - Strategies to sustain arthritis efforts
 - 13% - New partners to engage with to address arthritis
 - 40% - Strategies to sustain arthritis efforts