



NATIONAL ASSOCIATION OF  
**CHRONIC DISEASE DIRECTORS**  
Promoting Health. Preventing Disease.

# 2023 CDC Arthritis Management and Wellbeing Recipient and Partners Meeting

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Results from Qualtrics Meeting Evaluation Survey

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# Survey Logistics



Qualtrics survey was administered by NACDD in October 2023



CDC recipients were asked to provide feedback to help NACDD understand satisfaction with and outcomes of the 2023 CDC Arthritis Management and Wellbeing Recipient and Partners Meeting.



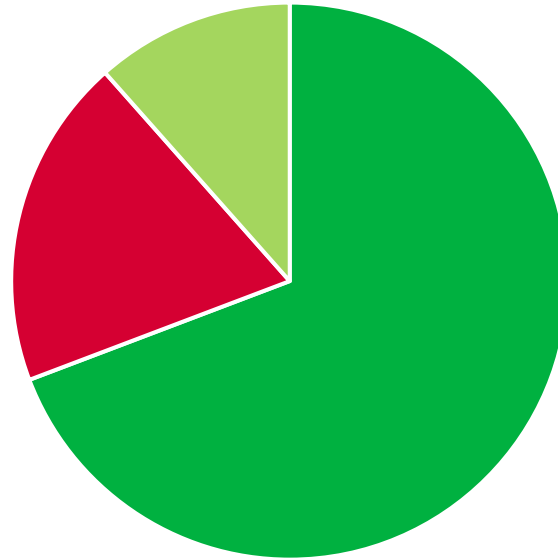
Responses will help plan future NACDD events and training and technical assistance opportunities.



26 recipients completed the survey (79% response rate)



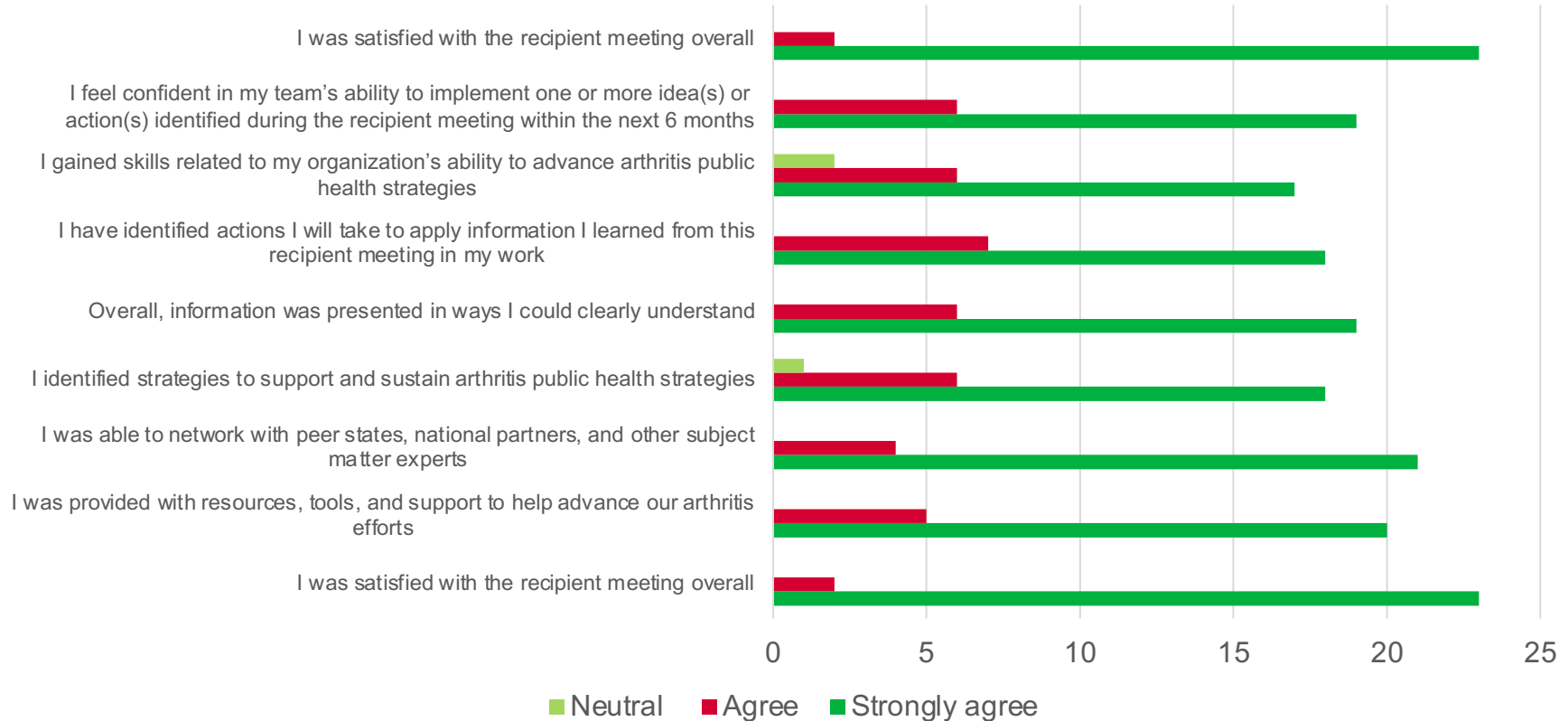
## Please indicate what category of respondent best describes you



- CDC DP23-0001 State Program recipient (69%)
- CDC DP-21-2106 Funded National partner (19%)
- Other respondent (12%)

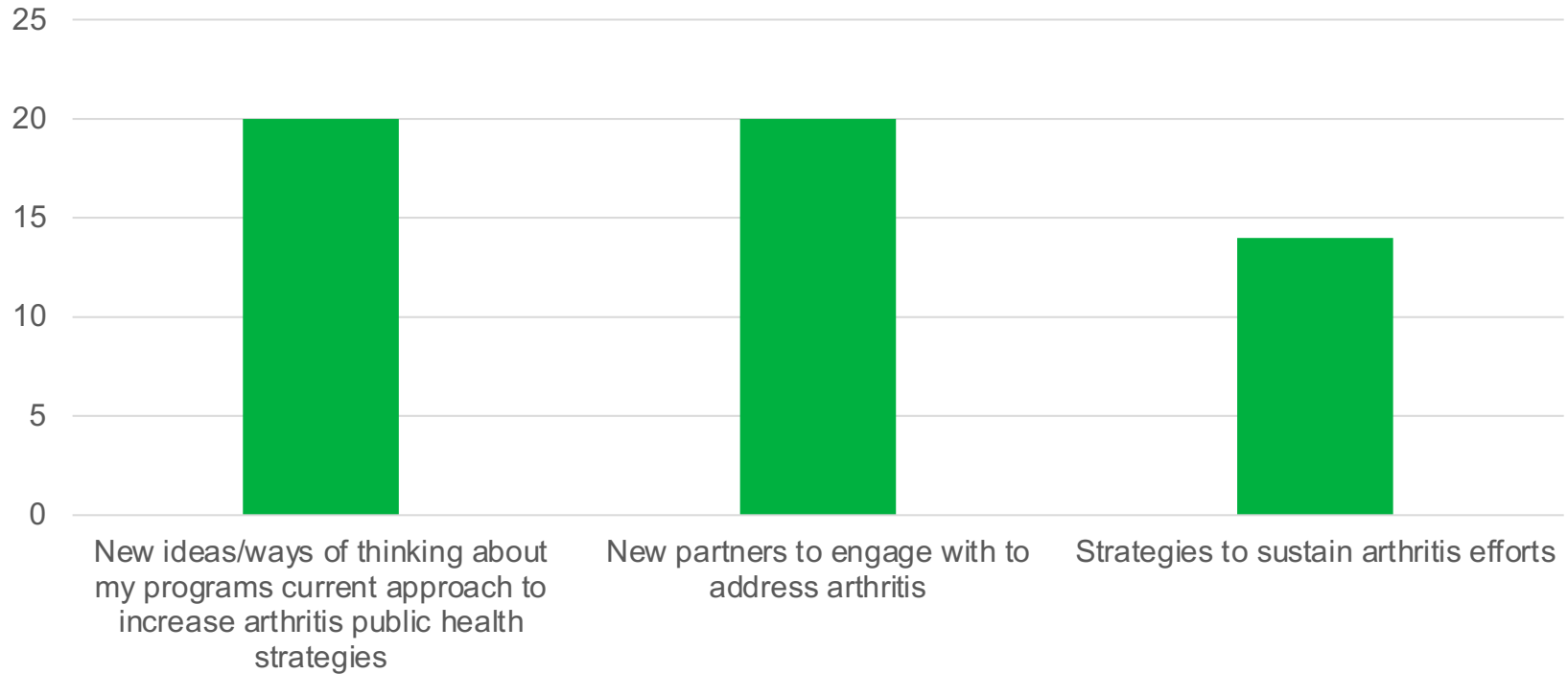


# Indicate how much you agree or disagree with the following statements regarding the 2023 CDC Arthritis Management and Wellbeing Recipient and Partners Meeting objectives





## Please provide additional information on the specific skills that you gained as a result of attending the 2023 CDC Arthritis Management and Wellbeing Recipient and Partners Meeting.





## Insight into specific skills gained by recipients

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- Partnering with the Caregiver community
- Partnering with medical fitness facilities
- Setting up train-the-trainer opportunities
- Exercise is Medicine - OA/LBP online modules
- HealthBegins
- Public Health Detailing
- Clearly defining how we are addressing health inequities to make us more attractive to health systems
- Additional opportunities to offer PEARLS and to collaborate with PEARLS agencies
- Permission to move forward with more collaborations and to provide intentional programs to improve overall health and well-being
- New ways to provide TA to states and to present resources more actionably
- Knowledge about additional AAEBIs



## One tangible idea or action that recipients plan to implement in state/community/program/organization within the next 6 months

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- Partnering with Caregiver community
- Partnering with medical fitness facilities
- Finding points of connection with BOLD Act Initiatives/strategies
- Systematically reaching out to YMCAs
- Schedule meetings with partners to explore opportunities for collaboration
- Continued discussions to make the business case for AAEBIs.
- Connections with WWE, brain health, and cardiac rehabilitation
- Using national partners to provide TA
- Fill out form to get AAEBIs recognized as Health Behavior Support Services for state's WISEWOMAN program
- Working across departments and bureaus to promote physical activity
- New provider counseling tools
- Forming statewide arthritis advisory group
- Share more information with state project officers




## After hearing the presentations, peer sharing, and discussions at the 2023 CDC Arthritis Management and Wellbeing Recipient and Partners Meeting, what specific training and technical assistance topic(s) would you like NACDD to cover in the future?

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- Resources or graphics to easily show HCPs which programs are best suited for their patients current level of physical activity and chronic conditions.
- Billing codes
- Sustainability
- Building the business case
- Engaging healthcare providers
- Technology use for programs
- Physical activity policy support
- Evaluation
- Multi-state collaboration opportunities
- Integration of SDoH
- Coordinating national and state partner arthritis funding opportunities for community-based organizations





## Is there anything else you would like to share with us about your experience at the 2023 CDC Arthritis Management and Wellbeing Recipient and Partners Meeting?

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- Thank you for the amazingly engaging and informative meeting! I wouldn't have changed a thing! Also - the hotel was lovely.
- This meeting exceeded my expectations! Thank you to NACDD and the Planning Committee for identifying helpful topics and speakers
- Fantastic experience! Bravo to NACDD and CDC
- Thank you for the well thought out and executed meeting!
- This was a great meeting. Appreciated breaks built in, a good combination of presentation + discussion, and great content. I'm leaving inspired and invigorated!
- Would like more time to network with recipients and states
- I love Heather and Lisa!