



Centers for Disease Control and Prevention  
Division of Population Health

# CDC Communication Updates & Best Practices

Michele Walsh

Associate Director for Policy, Partnerships  
& Strategic Communication

October 18, 2023



# TABLE OF CONTENTS



CDC Moving Forward

Clean Slate

Guiding Principles & Best Practices

CDC Clear Communication Index

Everyday Words

Health Equity



# Goat Yoga & Arthritis?



# CDC MOVING FORWARD

## Core Areas for Improvement

- Share Scientific Findings and Data Faster
- Translate Science into Practical, Easy to Understand Policy
- Prioritize Public Health Communications
- Develop a Diverse Workforce Prepared for Future Emergencies
- Promote Results-based Partnerships
- Enhance Laboratory Science and Quality
- Integrate Health Equity
- Modernize Data



# CDC MOVING FORWARD

## Core Areas for Improvement

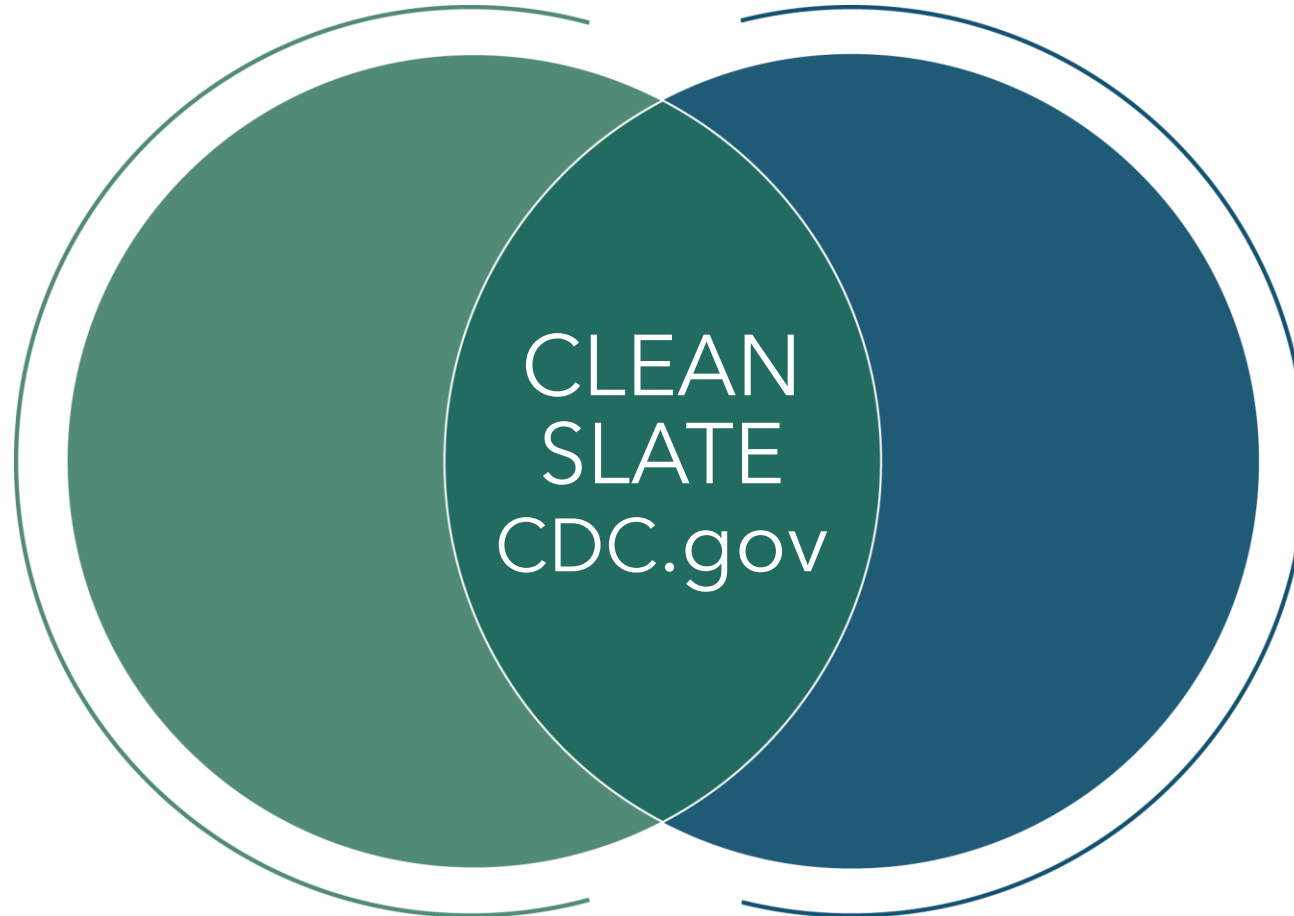
- Share Scientific Findings and Data Faster
- Translate Science into Practical, Easy to Understand Policy
- **Prioritize Public Health Communications**
- Develop a Diverse Workforce Prepared for Future Emergencies
- Promote Results-based Partnerships
- Enhance Laboratory Science and Quality
- Integrate Health Equity
- Modernize Data



# Key CDC Initiatives



Moving  
Forward



Digital  
Communication  
Modernization

**Goal:** Improve CDC's ability to communicate faster and more effectively with all audiences

# CDC.gov Clean Slate

This is a rare opportunity to transform CDC.gov and relaunch the site in 2024.

Clean Slate will reduce content to improve & prioritize health communication:



Makes it easier for users to find CDC information that meets their needs



Clears the way to elevate essential content



Reorganizes content for the best utility



Provides long-term gains in efficiency by reducing duplication and maintenance



# Guiding Principles & Best Practices

[www.cdc.gov/healthcommunication](http://www.cdc.gov/healthcommunication)



# Understand Your Audience



# Who has time?



**26 seconds**

Average time spent reaching a piece of content

**< 15 seconds**

Average time spent on most web pages  
Our brain decides in 17 milliseconds if we like what we clicked

**1 in 3**

Work emails requiring attention that go unread



# Plain Language

- It's the law (for Feds)! Plain Writing Act of 2010
- Reader-centered organization
- “You” and other pronouns
- Active voice
- Short sentences and paragraphs
- Common, everyday words
- Easy-to-follow design features (lists, headers, tables)



# Clear Communication Index

## Introductory Questions

 Primary Audience?

 Audience Health Literacy?

 Primary Communication Objective?

 Main Message Statement?

[www.cdc.gov/ccindex](http://www.cdc.gov/ccindex)



Develop and assess **public communication** materials.

Clear Communication **Index**

GET THE **Widget** FOR YOUR SITE 

The graphic features a dark blue background with white and yellow text. It includes an icon of three stylized people with a speech bubble above them. The CDC logo is in the bottom right corner.

## Welcome to the CDC Clear Communication Index

The CDC Clear Communication Index is a research-based tool to plan and assess public communication materials. It includes 4 open-ended questions, and 20 scored items grouped into 4 parts.

At the end, the material will get a final score and explanation. You will get more information about each part and how to score once you begin. You can find more guidance in the CDC Clear Communication Index [User Guide](#).

Fill in the information below to start:

### Name of Material

Type in the name of the material.

Example: Cancer fact sheet

### Material Type

## 1. Does the material contain one main message statement?

### Answer yes if:

- A main message is the one thing you want to communicate to a person or group that they must remember. A topic, such as heart disease or seasonal flu, isn't a main message statement.
- The statement may be 1-3 short sentences

### Answer no if:

- The material contains several messages, and there is no obvious main message

Yes

No


Show Example

### My Item 1 Notes:

You will see all of your saved notes on the Final Score page.

# Everyday Words

Search for jargon or plain language words below:



[www.cdc.gov/ccindex/everydaywords](http://www.cdc.gov/ccindex/everydaywords)

## Evidence-based

Tested

Shown to work

Proven to work

---

## Assessment

Collect and analyze information

# Everyday Words

## CDC Original Sentences:

The organization works with multiple clinical and program sites to increase agencies' capacity to provide **evidence-based interventions** and connect youth to clinic services.

## Plain Language Sentences:

The organization helps clinics and community groups provide **programs shown to work** to prevent teen pregnancies and connect youth to clinic services.

## CDC Original Sentences:

The last step in the **assessment** process is to present and report what was learned during the workplace health **assessment** to key organizational stakeholders and decision makers.

## Plain Language Sentences:

After you have **collected and analyzed the workplace information**, write a report about what you learned and share the report with the people interested in the results.



# Health Equity for Inclusive Communication

- Avoid use of adjectives such as vulnerable, marginalized, and high-risk.
- Avoid dehumanizing language. Use person-first language instead.
- Remember there are many types of subpopulations.
- Avoid saying target, tackle, combat, or other terms with violent meanings when referring to people, groups, or communities.
- Avoid unintentional blaming.





Thank you!

**QUESTIONS?**