

2023 CDC Arthritis Management and Wellbeing Recipient and Partners Meeting

October 18-20, 2023

Crowne Plaza Atlanta Perimeter at Ravinia
 4355 Ashford Dunwoody Rd NE, Atlanta, GA 30346
 770.395.7700

Goal Statement:

The purpose of the arthritis meeting is to convene Centers for Disease Control and Prevention (CDC) national and state arthritis recipients, and key stakeholders to support and encourage the sharing of best practices, experiences, lessons learned, and provide an opportunity for networking and leveraging of partnerships among DP21-2106 and DP23-0001 cooperative agreement recipients, and other key partners.

Objectives:

- Provide resources, tools and support to contribute to NOFO outcomes.
- Identify technical assistance needs of funded states through a collaborative approach.
- Provide technical assistance to CDC arthritis recipients.
- Identify and provide opportunities for collaboration, networking and sharing among attendees.

Day 1 – October 18 (Maplewood Room)

9:00am	Informal Meet and Greet and Networking Session (Bingo Mingle) <i>Led by: Nick Turkas, Arthritis Foundation; Doreleena Sammons Hackett, Society for Public Health Education (SOPHE); and Lakin Davis, West Virginia University</i>
10:00am	Official Opening and Welcome <ul style="list-style-type: none"> • <i>Marti Macchi, M.Ed., MPH, Chief Program Strategy Officer, National Association of Chronic Disease Directors (NACDD)</i> • <i>Craig W. Thomas, PhD, MS, Director, Division of Population Health, National Center for Chronic Disease Prevention and Health Promotion, CDC</i> • <i>Erica L. Odom, DrPH, MPH, Lead, Arthritis Management and Wellbeing Program, Healthy Aging Branch, Division of Population Health, National Center for Chronic Disease Prevention and Health Promotion, CDC</i>
10:30am	Meeting Expectations <i>Lisa Erck, MS, Consultant, NACDD</i>
10:45am	AAEBI Implementation, Recruitment and Retention <i>Facilitated Panel Discussion with Component B states - Minnesota, New Hampshire, North Carolina, Oregon, Utah, and Virginia</i>
12:15pm	LUNCH (1.25 hours) <i>On your own</i>
1:30pm	CDC Communication Updates & Best Practices

Michele Walsh, M.Ed., Associate Director of Policy, Partnerships, and Strategic Communication, Division of Population Health, National Center for Chronic Disease Prevention and Health Promotion, CDC

- 2:00pm** **Forming Partnerships to Sustain Arthritis Approaches**
Roundtable Conversations - four rotations, 20 minutes each
- Table 1:** Active People/Active Parks Guide, BRIC, HOP and SPAN projects, and how PSE work supports program sustainability
- *Kristine L. Day, MPH, Deputy, Physical Activity and Health Branch, Division of Nutrition, Physical Activity, and Obesity, National Center for Chronic Disease Prevention and Health Promotion, CDC*
- Table 2:** Alzheimer's Roadmap and Physical Activity
- *Lisa C. McGuire, PhD, Lead, Alzheimer's Disease Team, Healthy Aging Branch, Division of Population Health, National Center for Chronic Disease Prevention and Health Promotion, CDC*
- Table 3:** Working with YMCA of the USA
- *Heather Hodge, M.Ed., Senior Director, Equity, Access, Engagement and Health Approaches, YMCA of the USA*
- Table 4:** Working with Osteoarthritis Action Alliance (OAAA)
- *Serena Weisner, MS, Consultant, OAAA*
- Table 5:** Working with Arthritis Foundation
- *Nick Turkas MS, Senior Director, Patient Education, Community Connections, Arthritis Foundation*
- Table 6:** Engaging Employers to increase AAEBIs
- *Lisa Erck, MS, Consultant, NACDD*
- 3:30pm** **BREAK**
Led by Serena Weisner, MS, Consultant, OAAA
- 3:45pm** **Coupling Walk With Ease and the National Diabetes Prevention Program**
Discussion on learnings and next steps
- *Lisa Erck, MS, NACDD*
 - *Lillian Madrigal, PhD, MPH, Director of Implementation Science and Practice, Emory Centers for Public Health Training and Technical Assistance*
 - *Sarah Piper, MPH, CDCES, Director, Diabetes Training and Technical Assistance Center (DTTAC), Emory Centers for Public Health Training and Technical Assistance*
- 4:30pm** **NEWLY Approved AAEBIs Announced**
Kirsten Ambrose, MS, Associate Director, Osteoarthritis Action Alliance, Thurston Arthritis Research Center, University of North Carolina
- 5:15pm** **Day 1 Closing**
Erica L. Odom, DrPH, MPH, Lead, Arthritis Management and Wellbeing Program, Healthy Aging Branch, Division of Population Health, National Center for Chronic Disease Prevention and Health Promotion, CDC

Day 2 – October 19

- 8:30am** **Optional: Unstructured Networking for Participants (Camellia)**
- 9:00am** **Welcome (Maplewood)**
Puja Seth, PhD, Healthy Aging Branch Chief, Division of Population Health, National Center for Chronic Disease Prevention and Health Promotion, CDC
- 9:15am** **OAAA Case Study of OACareTools (Maplewood)**

Katie Huffman, MA, Director of Education and Outreach, Osteoarthritis Action Alliance

- 10:00am** **Raising Awareness about Arthritis Management Strategies Among Healthcare Providers (Maplewood)**
Panel Presentations with a Q&A component
Medscape Clinical Practice Assessment
- *Lindsey Gardner, MPP, Associate Director, Public Health, Medscape Education*
 - *Sara Thorpe, MPH, Associate Director, Clinical Strategy, Medscape Education*
- Community Health Detailing
- *Mamta Gakhar, MPH, Director, Health Equity, Access and Engagement, YMCA of the USA*
- Exercise is Medicine
- *Robyn Stuhr, MA, ACSM-CEP, FACSM, Consultant for American College of Sports Medicine, Exercise is Medicine®*
 - *Jennifer Trilk, PhD, FACSM, DipACLM, Professor, Department of Biomedical Sciences, and Director, Lifestyle Medicine & Exercise is Medicine Greenville, University of South Carolina School of Medicine Greenville*
- 11:00am** **BREAK**
Led by Emily Bird, MS, ACSM-CPT, ACE-HC, Arthritis Program Planner, New Hampshire Division of Public Health Sciences
- 11:15am** **AAEBI Roundtable Discussions (Maplewood)**
Roundtable Conversations - four rotations, 17 minutes each
- Table 1:** Tai Chi for Arthritis
- *Patricia Lawson, Master Trainer, Tai Chi for Health Institute*
- Table 2:** WWE and Camine Con Gusto
- *Nick Turkas, MS, Arthritis Foundation*
- Table 3:** EnhanceFitness
- *Paige Denison, Director of Health, Wellness & Project Enhance, Sound Generations*
- Table 4:** Stay Active and Independent for Life (SAIL)
- *Charilaos "Harry" Papadopolous, PhD, Professor of Kinesiology, Pacific Lutheran University, and SAIL Master Trainer*
- Table 5:** Program to Encourage Active, Rewarding Lives-PEARLS
- *Lesley Steinman, PhD, Research Scientist, Health Promotion Research Center, University of Washington School of Public Health*
- 12:30pm** **LUNCH (1.25 hours)**
On your own
- 1:45pm** **Special Projects in Arthritis (Maplewood)**
Evaluation of Remote Delivery of AAEBIs
- *Lesley Steinman, PhD, Research Scientist, Health Promotion Research Center, University of Washington School of Public Health*
- Alternative Delivery Modes for AAEBIs
- *Christine Pelligrini, PhD, Associate Professor, Exercise Science, Arnold School of Public Health, University of South Carolina*
- 2:15pm** **Informal State Only Networking (Maplewood)**
Led by Nadia Mazza, MPH (NC), Beth Hinkle, MS (OK), and Nichole Shepard, MPH, EP-C (UT), this is a space for state representatives to share and network together
- National Partner and CDC Breakout Session (Camellia)**
CDC funded national partners will use this time as their quarterly meeting to discuss collaboration and partnership opportunities

- 3:15pm** **BREAK**
- 3:30pm** **Fireside Chat: Building an Arthritis Care Model (Maplewood)**
Informal conversation with NACDD, CDC, Leavitt Partners, The Dartmouth Institute for Health Policy and Clinical Practice, and other key partners about the arthritis care model
- Meet and Greet with AAEBI Developers (Camellia)**
Opportunity for informal networking with AAEBI representatives at the meeting
- 4:30pm** **Meeting Closing**
Erica L. Odom, DrPH, MPH, Lead, Arthritis Management and Wellbeing Program, Healthy Aging Branch, Division of Population Health, National Center for Chronic Disease Prevention and Health Promotion, CDC

Day 3 – October 20

- 9:00am** **CDC Roundtables (Camellia)**
15-20 minute roundtable discussions
- Table 1:** BRFSS Schedule and Brief
- *Anika L. Foster, DrPH, MPH, Arthritis Management and Wellbeing Program, Healthy Aging Branch, Division of Population Health, National Center for Chronic Disease Prevention and Health Promotion, CDC*
 - *Michael Boring, MS, Statistician, Arthritis Management and Wellbeing Program*
- Table 2:** NOFO requirements, including APR template, work plans, programmatic deliverables and other topics.
- *Anamika Rajguru, MPH, Public Health Advisor, Arthritis Management and Wellbeing Program, Healthy Aging Branch, Division of Population Health, National Center for Chronic Disease Prevention and Health Promotion, CDC*
 - *Audrey Williams, MPH, Public Health Advisor, Arthritis Management and Wellbeing Program, Healthy Aging Branch, Division of Population Health, National Center for Chronic Disease Prevention and Health Promotion, CDC*
 - *Margaret Kaniewski, MPH, Public Health Advisor, Arthritis Management and Wellbeing Program, Healthy Aging Branch, Division of Population Health, National Center for Chronic Disease Prevention and Health Promotion, CDC*
 - *Michele Mercier, MPH, Public Health Advisor, Arthritis Management and Wellbeing Program, Healthy Aging Branch, Division of Population Health, National Center for Chronic Disease Prevention and Health Promotion, CDC*
- Table 3:** Science Updates
- *Elizabeth A. Fallon, MPH, PhD, CHES, Epidemiologist, Arthritis Management and Wellbeing Program, Healthy Aging Branch, Division of Population Health, National Center for Chronic Disease Prevention and Health Promotion, CDC*
- Table 4:** Communications Updates
- *Erica L. Odom, DrPH, MPH, Lead, Arthritis Management and Wellbeing Program, Healthy Aging Branch, Division of Population Health, National Center for Chronic Disease Prevention and Health Promotion, CDC*
 - *Tyler Lites, MPH, ORISE Fellow, Healthy Aging Branch, Division of Population Health, National Center for Chronic Disease Prevention and Health Promotion, CDC*
- 10:30am** **Meetings with POs, Partners, and others (Individually scheduled)**
- Bike Rack Topic Discussion Groups (Maplewood)**
- 12:00pm** **End of Meeting**