

## **Advancing Arthritis Public Health Priorities through National Organizations TA/Peer Sharing Webinar Series**

Tuesday, October 5, 2021 @ 2:00 p.m. ET

### **Working with State Units on Aging to Advance Arthritis Public Health Approaches**

#### **Webinar Notes and Resources**

- Materials available on the Action on Arthritis website:  
<https://actiononarthritis.chronicdisease.org/monthly-webinars/>
- Meeting Recording:  
[https://chronicdisease.zoom.us/rec/share/ovv3R7\\_p9d5cE2UEQkzj0Cp3RG5ZPzZbiHbTqkHnZr9poeIR2DCaEZicAAdr6IBL.aS9K3dLkQbE9eOkH?startTime=1633456886000](https://chronicdisease.zoom.us/rec/share/ovv3R7_p9d5cE2UEQkzj0Cp3RG5ZPzZbiHbTqkHnZr9poeIR2DCaEZicAAdr6IBL.aS9K3dLkQbE9eOkH?startTime=1633456886000)

#### **State Presentations**

- Nadia Mazza and Nicole Miller – North Carolina Center for Health Wellness at UNC Asheville
- Jennifer Raymond – Elder Services of the Merrimack Valley

#### **Q&A and State Sharing**

- Q: I thought I heard that some AAAs are beginning to expand their reach to people 45 years and older to help focus on prevention. Is that true and/or possible?
  - A: Many aging network providers do offer services to people under age 60. It depends on the service, however. EBPs have been offered to people under age 60 because it is not a "unit-based service", and filling classes is important for ROI. Many senior centers are also doing more outreach to younger populations. I'd speak with the State Unit on Aging and/or AAA to determine whether they have the funding and/or ability to serve people under age 60.
- Q: North Carolina - Can you share more about the project that convened LHDs, FQHCs, and AAAs? what did that look like and how did you measure success?
  - A: We hosted regional meetings in communities across NC as part of our CDC Arthritis grant in the first year (before COVID). We used the Results Based Accountability format to set those meetings up and established desired results of the meeting with the host organization (AAA). <https://clearimpact.com/results-based-accountability/>. Outcomes and outputs related to our CDC workplan and milestones.
- Q: What do you view as you/your state's biggest barrier(s) to working with Units on Aging and Area Agencies on Aging?

- A: 1. They want to run their own programming; they want more money. 2. Lack of single, statewide platform for participants and delivery organizations.
- Q: What are the barriers that prohibit AAA's from wanting to partner with State Health Departments?
  - A: Some very much want to implement their own programs for their own consumers while others see value in partnering to refer their clients too. Some use the Title IIID dollars to implement on their own and others contract it all out to CBOs. It's important to work with the AAA to learn their culture and strategies to best partner.
  - A: One of the largest barriers to working with SDH this last year has been around prioritizing the AAEBI/EBP work. We all know the focus has understandable been in other areas these last 18 months and are optimistic we can find the right ways to demonstrate value moving forward.
  - A: Strategies to overcome barriers – 1) State Health Department communicating with the State Unit on Aging to collaborate on challenges and opportunities 2) local relationship building (tackling top down and bottom up).

## Resources

- Overall Resources
  - ACL COVID-19 response: <https://acl.gov/COVID-19>
  - State Units on Aging: <https://acl.gov/programs/aging-and-disability-networks/state-units-aging>
  - Area Agencies on Aging: <https://acl.gov/programs/aging-and-disability-networks/area-agencies-aging>
  - ACL's Chronic Disease Self-Management Education Programs including background information, goals, and grants: <https://acl.gov/programs/health-wellness/chronic-disease-self-management-education-programs>
  - ACL's Falls Prevention page including background information, goals, and grants: <https://acl.gov/programs/health-wellness/falls-prevention>
  - ACL's Eldercare Locator: Visit [www.eldercare.gov](http://www.eldercare.gov) to be connected with your local Area Agency on Aging or Aging and Disability Resource Center
  - ACL Grants Overview: <https://acl.gov/grants>
- North Carolina Resources
  - North Carolina Center for Health & Wellness at the University of North Carolina at Asheville, Chronic Disease Self-Management Education Program Grantee: <https://acl.gov/sites/default/files/programs/2019-07/FINAL%20SS%20-%202019%20CDSME%20Grantee%20Profile%2C%20UNCA.pdf>
  - NC slides: [https://docs.google.com/presentation/d/1PR\\_7bq3UkYiccQyJnaJym27dS3tdYAW9/edit#slide=id.p1](https://docs.google.com/presentation/d/1PR_7bq3UkYiccQyJnaJym27dS3tdYAW9/edit#slide=id.p1)
  - Healthy Aging NC Website: <https://healthyagingnc.com/>

- Leader Trainings: <https://healthyagingnc.com/lay-leader-trainings/>
- Referral Process: <https://healthyagingnc.com/make-a-referral/>
- Patient Language: [https://drive.google.com/file/d/1NmfgLIRDBMN\\_NNi8VJGEiPHAT7Xv96Lc/view?usp=sharing](https://drive.google.com/file/d/1NmfgLIRDBMN_NNi8VJGEiPHAT7Xv96Lc/view?usp=sharing)
- Participant Language: <https://drive.google.com/file/d/1CEnG-gDrz846Yu-GeGjFpmaxRWQeaipj/view?usp=sharing>
- Leader Training Requirements: [https://drive.google.com/file/d/1fB7zt1edN9\\_rT-jdRdQ8qx45sjoOgptm/view?usp=sharing](https://drive.google.com/file/d/1fB7zt1edN9_rT-jdRdQ8qx45sjoOgptm/view?usp=sharing)
- Massachusetts Resources
  - Elder Services of the Merrimack Valley, Chronic Disease Self-Management Education Program Grantee: [https://acl.gov/sites/default/files/programs/2021-03/5-%20FINAL-%20Elder%20Services%20of%20Merrimack%20Valley\\_2020%20CDSME%20Integrated%20Networks%20grantee%20profile.pdf](https://acl.gov/sites/default/files/programs/2021-03/5-%20FINAL-%20Elder%20Services%20of%20Merrimack%20Valley_2020%20CDSME%20Integrated%20Networks%20grantee%20profile.pdf)
  - How to find your local AAA: <https://eldercare.acl.gov/Public/Index.aspx>

## Partner Updates

- Osteoarthritis Action Alliance: We are working on developing some resources to support the Spanish version of WWE, Camine Con Gusto. If you offer programs to Hispanics, we would love to learn from you! Please email me if you would be willing to be interviewed, and/or share my info with others. [s.weisner@outlook.com](mailto:s.weisner@outlook.com)
- SOPHE:
  - **Come join us!** We need your help evaluating remote evidence-based programs (EBP) – including lifestyle management programs for arthritis - so we can keep these programs going post-pandemic.
  - **Learn more and sign up** via this quick form: <https://forms.gle/GCKd8CqJbjjVbd5S8>.
  - **Questions?** Contact Lesley Steinman, Evaluation Lead, at [lesles@uw.edu](mailto:lesles@uw.edu)

## Evaluation and Engagement:

- Poll Question: I gained skills related to my organization's ability to increase its capacity to partner arthritis efforts with Administration for Community Living program efforts
  - 94% Strongly Agree or Agree
- Poll Question: Please provide additional information on the specific skills that you gained as a result of attending today's webinar. (Select all that apply)
  - 69% - New ideas/ways of thinking about my programs current approach to increase arthritis public health strategies
  - 63% - Knowledge about Administration for Community Living and opportunities for collaboration
  - 25% - New partners to engage with to address arthritis

- Poll Question: Would you be interested in participating in a peer-to-peer sharing opportunity on the topic of working with Units on Aging to advance arthritis public health strategies?
  - Yes
    - 14 People
    - 9 States
    - 2 National Organizations
- Please share one action item that you plan to do as a result of attending today's webinar:
  - Reach out to the AAA we work with and see if we can make connections with more AAAs
  - Have a list of questions generated for our state agency on aging to help expand our knowledge.
  - Reach out to our AAA partners and ask about ARPA strategies for Title IIID
  - Coordinate our partnerships in applying for arthritis-related funding in the future
  - Share the other states' takeaways with our State Units on Aging to see how we can improve our relationship
  - Talk to Agency on Aging about how they are using ACL funding
  - Continuum of care
  - Share MA's slides about making the case for aligning AAA services with arthritis strategies with partners
  - Strategize with falls prevention around outreach to AAA
  - Make a plan to ensure that all AAAs are identified and reconnect those relationships/collaborations to strategize to meet grant deliverables