

Arthritis Council

Arthritis Council Strategy 1 Workgroup

Partnerships and Strategies to Sustain and Disseminate AAEBIs

Thursday, November 9, 2023, 2:00 P.M. ET

Workgroup Charge: The NACDD Arthritis Council's Strategy 1 Workgroup aims to provide a platform for national and state partners to engage in discussion about all aspects of AAEBI capacity building, delivery, and sustainability including but not limited to partnerships, planning, promotion, implementation, coupling, referrals, and evaluation.

Recording - <https://vimeo.com/883043215>

Facilitator: Nadia Mazza, MPH, North Carolina Center for Health Wellness at UNC Asheville

Call Summary

Presentation

The workgroup welcomed Kate Lorig, DrPH, Self-Management Resource Center (SMRC), to the call. Dr. Lorig spoke on the following programs:

- Chronic Disease Self-Management Program (CDSMP)
- Workplace CDSMP
- Chronic Pain Self-Management Program

Much of the information Dr. Lorig spoke to is available online, specifically in the Implementation and Fidelity Manual (under resources on the SMRC website)

<https://selfmanagementresource.com/>

Sustainability Ideas

- A State Medicaid Waiver List can be found here - <https://www.medicaid.gov/medicaid/section-1115-demo/demonstration-and-waiver-list/index.html>
- Agricultural Extension Service/Office
- Local and State Foundations
- Community Colleges
- Hospital Community Benefits Programs

How can we help partners navigate the search for funding to cover program fees?

- Licensing fees are for three years and based on number of workshops (6-week program) planned over a three year period (e.g., \$550 for 20 workshops).

- An Umbrella license is where a state agency or organization has a license for all chapters or organizations under the main organization; these umbrella holders estimate the number of workshops they intend to deliver, and a fee is determined based on information provided. Several states indicated that they have umbrella license agreements in place (e.g., Iowa).
- There is NO annual fee for trainers; trainers are required to teach one workshop/year; Master Trainers are required to teach one workshop/year and a deliver a training once every three years. Refer to the training and licensing section of the SMRC website for additional information.

Where can I find information on marketing materials or recruitment strategies for programs?

- Some information is provided in the Implementation and Fidelity Manual online.
- The SMRC listserv can be used to solicit ideas and suggestions – reach out to Dr. Lorig for additional information on the listserv which was created for Master Trainers and Administrators - kate@selfmanagementresource.com
- A large study of rural caregivers was just completed and provides some information that might be helpful.
- Virginia created a flyer about CDSMP that is on the AoA website <https://www.vdh.virginia.gov/content/uploads/sites/183/2020/06/Arthritis-Chronic-Disease-FINAL.pdf>
- NY also created some marketing tools that might be helpful to others <https://actiononarthritis.chronicdisease.org/new-york-state-evidence-based-self-management-program-marketing-resources/>

Program locators for all licensed organizations can be found here <https://selfmanagementresource.com/license-locator/>

WWE has not been coupled with CDSMP to Dr. Lorig’s knowledge, but she agreed that this is a great question for the listserv.

Announcements

Next Strategy 1 Workgroup is on December 14th at 2:00 P.M. ET