

## Arthritis Council

### Arthritis Council Strategy 1 Workgroup

*Partnerships and Strategies to Sustain and Disseminate AAEBIs*

**Thursday, October 12, 2023, 2:00 P.M. ET**

**Facilitator/Moderator:** Lisa Erck, NACDD

**Workgroup Charge:** The NACDD Arthritis Council's Strategy 1 Workgroup aims to provide a platform for national and state partners to engage in discussion about all aspects of AAEBI capacity building, delivery, and sustainability including but not limited to partnerships, planning, promotion, implementation, coupling, referrals, and evaluation.

#### Call Summary

With the 2023 Arthritis Recipient Meeting next week, attendance on the call was low

There was discussion on the Arthritis Foundation Aquatic Program and AEA Arthritis Foundation Exercise Program.

- Suggestion to reach out to Nick at the Arthritis Foundation for additional information and consider covering these AAEBIs on a future call
- Discussed local organizations as partners to help reach target population and ensure accessibility
  - Senior centers can be a good resource for participant and leader recruitment
- Suggestion to think through adaptations for those with accessibility issues (e.g., lifts)

Shared resource - <https://actiononarthritis.chronicdisease.org/working-with-physical-therapists-and-occupational-therapists-successes-challenges-and-lessons-learned/>

Discussion on technology platforms to support AAEBIs

- Workshop Wizard developers are retiring and potentially selling the platform
  - IA and WV are users of Workshop Wizard and pulling together a document that outlines needs (additional users are also contributing)

#### Announcements

- Next Strategy 1 Workgroup is on November 9<sup>th</sup> at 2:00 P.M. ET