

## **Advancing Arthritis Public Health Priorities through National Organizations TA/Peer Sharing Webinar Series**

July 11, 2022 @ 2:00 p.m. ET

CDC Funded National Arthritis Partners – collaborating to advance arthritis public health approaches

### **Webinar Notes and Resources**

- Materials available on the Action on Arthritis website: <https://actiononarthritis.chronicdisease.org/monthly-webinars/>
- Meeting Recording: <https://vimeo.com/845097373>

### **Participants**

- 55 total participants
  - 14 states (AR, IA, MI, MN, MT, NC, NH, NY, OK, OR, UT, VA, VT, WV)
  - 6 national organizations (CDC, NACDD, OAAA, Arthritis Foundation, Y-USA, NRPA)

### **CDC Funded National Partners:**

Through the **Advancing Arthritis Public Health Priorities through National Organizations** cooperative agreement, the CDC provides six awards to [five national organizations](#). The purpose of this funding is to support organizations that implement national efforts to advance arthritis public health priorities.

During the 5-year period of performance, recipients are expected to contribute towards attainment of one or more of the following high-level outcomes:

- Improved arthritis management behaviors among adults with arthritis.
- Improved social and physical environments for adults with arthritis.
- Increased number of healthcare providers who conduct screenings for function, pain, and physical activity; counsel on physical activity; and refer arthritis patients to arthritis appropriate, evidence-based interventions (AAEBIs) or other physical activity opportunities.

The cooperative agreement consists of two components that focus on building capacity and scaling up non-research efforts to address adult arthritis in the US (Component 1) and building providers' capacity to promote physical activity for adults with arthritis (Component 2).

**National Recreation and Park Association (NRPA)**- focused on increasing access to, availability of, and sustainability of AAEBIs nationwide as part of Component 1.

- Health equity framework - Elevating Health Equity Through Parks and Recreation <https://www.nrpa.org/our-work/Three-Pillars/equity/elevating-health-equity-through-parks-and-recreation-a-framework-for-action/>
- Community Wellness Hubs: <https://www.nrpa.org/our-work/partnerships/initiatives/community-wellness-hubs/>

- [healthyaginginparks@nrpa.org](mailto:healthyaginginparks@nrpa.org)

**Y-USA** - focused on increasing access to, availability of, and sustainability of AAEBIs nationwide as part of Component 1.

- Y-USA Website: <https://www.ymca.org/> and <https://www.ymca.org/what-we-do/healthy-living/fitness>
- Heather Hodge – [Heather.Hodge@ymca.net](mailto:Heather.Hodge@ymca.net) and Mamta Gakhar – [Mamta.Gakhar@ymca.net](mailto:Mamta.Gakhar@ymca.net)

**Arthritis Foundation (AF)**– focused on tailoring consumer arthritis information and AAEBI referrals through a national Arthritis Helpline. AF also provides additional resources, tools, and community offerings to improve quality of life for adults with arthritis as part of Component 1.

- Walk With Ease Resources: <https://www.arthritis.org/health-wellness/healthy-living/physical-activity/walking/walk-with-ease>
- Arthritis Foundation Helpline: <https://Arthritis.org/helpline>
- Arthritis Foundation Live Yes: <https://www.arthritis.org/liveyes>
- Arthritis Foundation Connect Groups: <https://arthritis.org> or <https://connectgroups.arthritis.org>
- Nick Turkas - [nturkas@arthritis.org](mailto:nturkas@arthritis.org)

**University of North Carolina/ Osteoarthritis Action Alliance (OAAA)** – focused on facilitating partnerships and coordinating activities to address national osteoarthritis public health priorities as part of Component 1.

- Osteoarthritis Action Alliance: <https://oaaction.unc.edu/>
- National Public Health Agenda for OA, 2020 Update: <https://oaaction.unc.edu/policy/oa-agenda-2020-update/>
- OACareTools: <https://oaaction.unc.edu/oacaretools/>
- Call to Action Briefs: <https://oaaction.unc.edu/resource-library/for-policy-makers/calls-to-action-and-public-health-agendas/>
- Expanded list of AAEBIs: <https://oaaction.unc.edu/aaebi/>
- Spanish language resources: [www.articulacionessanas.org](http://www.articulacionessanas.org)
- Online WWE Portal: <https://walkwitharthritis.org>
- Kirsten Ambrose - [kirsten\\_ambrose@med.unc.edu](mailto:kirsten_ambrose@med.unc.edu) and Serena Weisner - [s.weisner@outlook.com](mailto:s.weisner@outlook.com) (WWE Portal contact)

**National Association of Chronic Disease Directors (NACDD)** – provides training and technical assistance (TA) to enhance the capacity of states to effectively address arthritis as part of Component 1. NACDD is also funded, under Component 2, to support innovative efforts that enhance healthcare provider awareness, knowledge, and skills in promoting physical activity as an effective, drug-free way to relieve arthritis pain, improve function, and limit arthritis progression among US adults with arthritis.

- Action on Arthritis website: <https://actiononarthritis.chronicdisease.org/>
  - Monthly TA webinars: <https://actiononarthritis.chronicdisease.org/monthly-webinars/>
  - Resource repository: <https://actiononarthritis.chronicdisease.org/resources-categories/>
  - Heather Murphy – [hmurphy\\_ic@chronicdisease.org](mailto:hmurphy_ic@chronicdisease.org) and Lisa Erck – [eerck\\_ic@chronicdisease.org](mailto:eerck_ic@chronicdisease.org)

- Shalu Garcha – [sgarcha@chronicdisease.org](mailto:sgarcha@chronicdisease.org) (Component 2 lead)

### **Other Information:**

- August TA/Peer Sharing webinar will focus on Engaging with Arthritis Public Health Peers
  - Register here - <https://chronicdisease.zoom.us/meeting/register/tZwrduqsqzgpH9Y6AxGXhfEGDEEk8daTYfj6>
- The 2023 Arthritis Grantee Meeting will be in Atlanta at the Crowne Plaza Atlanta Perimeter at Ravinia in Atlanta, GA on October 18-20th. More information to come.
- Nominations for Arthritis Council chair(s) and at large member representation is open until August 11, 2023. Please take a few minutes to review the nominations ballot at <https://forms.office.com/r/BYDYF7M7aE> to recommend peers to join the Council.

### **Evaluation:**

- **Poll Question:** I gained skills related to my organization's ability to collaborate with CDC funded national organizations
  - 48% Strongly Agree
  - 52% Agree
- **Poll Question:** Please provide additional information on the specific skills that you gained because of attending today's webinar. (Select multiple options)
  - 80% - Knowledge about tools that can be used to advance our work
  - 64% - New ideas/ways of thinking about my programs current approach to increase arthritis public health strategies
  - 56% - New partners to engage with to address arthritis
  - 36% - Strategies to sustain arthritis efforts