

Arthritis Council

Arthritis Council WWE Work Group Call Summary

Monday, April 17, 2023 1:00 p.m. ET / 12 p.m. CT / 11 a.m. MT / 10 a.m. PT

Workgroup Charge:

The NACDD Arthritis Council's Walk with Ease Workgroup aims to provide a platform for national, state, and local partners to engage in discussion about all aspects of the Walk with Ease program including but not limited to partnerships, planning, promotion, implementation, coupling, referrals, and evaluation.

Welcome

- Nadia Mazza, MPH, North Carolina Center for Health Wellness at UNC Asheville

Open forum discussion

Partnerships

- NC shared that partners receive funding to implement WWE through 6 or 12 month contracts with at least two courses/sessions expected each six months. How are others sustaining contracted partners beyond the length of the contract?
- NY shared that they work with YMCAs through similar 6 month contracts (Jan-June). Sustainment of efforts is discussed with encouragement to think about embedding WWE into the agency/organization strategic plan, and looking into other funding opportunities (e.g., YMCA grants).
 - NY asks grantees to deliver a minimum of two full sessions (Jan-June) where they plan, implement and collect data. They don't look into unit costs of the program, but grantees are required to reach a minimum number of participants during the two sessions.
 - NC does the same – 2 sessions for 6 months, or 4 for 12 months; no unit cost, just a flat rate per session. Leader training is incorporated to sustain classes.
 - Both NC and NY provide funds up front (e.g., for leader training).
- NRPA starts their grantees off in the beginning (through application) with questions about sustainability (e.g., audience, AAEBI choice, other adult programming, timing). They try to give grantees all the tools needed to sustain programs up front.
 - Libraries are a big partner with local parks and recreation programs.
- IA shared that when contracting with vendors they provide half of the funds upfront and the other half at the end. With the IA HUB they are trying to work towards a membership model, where the members receive support from the HUB (e.g., data entry, etc.). They hope to learn more about health care system contracting and payment bundling (e.g., can they bundle SDOH screening with evidence-based course and food?). They are working towards building the value proposition for members of the HUB.
 - Rather than the arthritis program staff having to enter WWE data, the IA HUB members get access to the Workshop Wizard to enter data and

also have the ability to pull data and see the bi-directional part of the program implementation. The hope is that this will create a network of referrals into system.

- The HUB navigator is like a teammate to the delivery organizations/CBOs, where they collect data, provide administrative assistance, and allow org/CBO to focus on delivery of the program. The paid membership (annual fee, likely around \$500) will help to provide support to CBOs/organizations.

Working with WWE leaders to help support program

- NY presented during a SNAP Ed meeting last month and shared WWE information. Participants weren't aware of the WWE program so NY answered questions about how often to meet in person, how much program materials cost, etc.

Referral Pathways to generate new referrals/leads

- NC used the AF WWE presentation with the NC WISEWOMAN program to help generate referrals. NC uses the OAAA WWE portal for participants that speak English. They don't currently have a staff person that speaks Spanish so are working to find a solution and provide the Camine Con Gusto option for those that speak Spanish.
- MN works with SNAP Ed and WISEWOMAN to make WWE referrals. Currently setting up WISEWOMAN participants in the OAAA portal – this is timely b/c many of the WISEWOMAN participants are Latinas; they have one Spanish speaking navigator and have about 40 participants so the WWE Spanish portal is helping to reduce the burden and make it easier for the navigator.
 - Texting through portal is something that would be beneficial for this group.
 - MN just launch some grants with small clinics to combine referrals for S/C/R and they are hoping to connect the WISEWOMAN program participants with one of the clinics that primarily serves Spanish speaking women.
- UT also works with the WISEWOMAN program (BeWISE). Their health coaches have been trained on the arthritis programs and how to refer. Through regular meetings they found out they were building a new database for their health coaches, and while they weren't able to build in a referral directly to Compass, they did do some training for their health coaches and provided information on the Utah arthritis program locator tool (Compass).

Other - Sustainability

- MN shared that sustaining efforts without funding is a big focus (and challenge). Trellis/Juniper has done some work to negotiate with health plans for reimbursement, but this is limited to their partners.
- NC is working to build a community care hub to help reimburse EBIs/programs, but there is a lot of staff time required to do this. As they support CBOs and offer WWE program, they are connecting partners with AAAs that have Title IIID funds to help with sustaining.
 - NRPA asked about AAAs and connecting them with local orgs. NC connects AAAs with local EB program coordinators and encourages them to continue the conversation.

I. Announcements

- National Partner Sharing
 - Leader resource page has been updated but if there are other recommendations please reach out to Nick
 - <https://www.arthritis.org/health-wellness/healthy-living/physical-activity/walking/walk-with-ease>
 - leader resources - <https://www.arthritis.org/health-wellness/healthy-living/physical-activity/walking/walk-with-ease/wwe-leader-resources>
- Next call - Monday, May 15 (Local Focus) – Registration - https://chronicdisease.zoom.us/meeting/register/tZAsc-6sqTMqG9HEXy74K4_L4fKiQDQiQRIY
1:00 p.m. ET / 12 p.m. CT / 11 a.m. MT / 10 a.m. PT
- NACDD Arthritis Monthly TA webinar the first Tuesday of May (5/2) will focus on coupling WWE with the National DPP LCP
- NACDD special topic webinar on May 10 at 2pm will focus on the new BRFSS Arthritis Statistical Brief - <https://actiononarthritis.chronicdisease.org/monthly-webinars/>